Distance Education: Utilizing Intentional Intuition in the Curriculum of a Distance Learning Model of Energy Medicine

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Abstract—This research studies the intentional encapsulation of healing energy into an email text message and the transmission via the Internet to an intended recipient. Distance education and intuitive communication are

non-linear, non-local systems of information exchange. Internet email can hold intuitive/emotional/cognitive content, and this type of email can be used as part of an energy-medicine distance-education program. The Internet is an evolving ecological system which captures and holds human thought in digital format transversing time and space in order to deliver content. The weaving of intuitive and Internet communication is spawning a World Wide Web, small-world phenomena by shortening energetic time-space distances between people.

Index Terms— Education, energy medicine, extra-sensory perception, Internet, intuition, neural networks, psychology.

I. STATEMENT OF PROBLEM

The Internet is spawning a quantum leap in human consciousness. The blending of digital reality with human reality blurs the distinction between electronic-based and biological-based systems. The World Wide Web of the Internet collapses distance, time, and proximity in human communications and creates a unified state of constant connectedness. Casting an invisible net over the globe, the Web is collecting and shortening the spaces between individuals. The Erdos concept of "link-chains" in social network research, which studies short distances between people, is popularly called "six-degrees of separation." According to physics professor, Albert Laszlo-Barabási, an Internet distance (clicks) between people is nineteen degrees of separation [1].

Who is the caster of this net? Are those who are gathered into this web-net conscious of the implications of a global paradigm shift in human evolution? What is occurring on an individual basis within this web-net, and what is being born as a whole entity?

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II. STATEMENT OF PURPOSE

This project explores how Energy Medicine and complementary inter-disciplinary fields can be woven together in order to discover and cross-reference the effect of Internet communication, intuition, and intentionality on the human species. The focus of this research is limited to one area of experimental investigation—that of intuitionbased communication via the Internet. Millions of people are sending billions of email messages via the Internet in this new world communication link that utilizes the Internet as a host medium for non-local conversation. This form of Internet-based communication is modeling the natural human sense of intuition-based communication. Using the Internet in this way—as a tangible, mental construct allows human psychology an "object" to grasp as a bridge to understanding the already present state of non-local, notime, no-space, intuition-based communication.

A. Hypothesis

Healing energy can be intuitively encapsulated into an email text message and transmitted via the Internet to an intended recipient.

This hypothesis developed from this researcher's observations during the year 2000 of a five-month healing energy email Internet exchange that occurred organically between two Intuition Medicine® practitioners. (Intuition Medicine is a sub-set of Energy Medicine.) From a broad perspective, this research will investigate the efficacy of non-local, no-time, no-space distance education programs that utilize intentionality and the Internet. It also identifies fertile ground in the fields of Internet-based distance education and energy-based medicine that is worthy of future exploration.

B. The Inspiration

The idea for this research came from an experience I had as a teacher with two of my Master of Intuition Medicine® (MIM) program students. One was an alumna of the 1993 master program and a professor in the digital arts college of

a German university. The other was an owner of a computer consulting company, and a student in the 2000 master program. Part of the program provides each student with an alumnus mentor who assists in the coursework, and also gives weekly energy-systems healings. The student had many areas of intuitive interest that matched well with the alumna's expertise, given that they both spent a good deal of time at their computers, and on the Internet, I decided to have them connect at a distance via email as student and mentor. I assumed that they would communicate via some live chat system, forgetting that the time difference between Germany and the USA would not allow for this kind of communication. They began, quite organically, to communicate to each other via text email as though they were speaking to each other in the present moment. The student would ask for an energy healing with specific requests regarding energy-systems, and then send the email to the mentor. The mentor would receive the message usually eight hours later and respond by sending a reply email text message, and within the text would "encapsulate" an energy healing for the student. The two were amused to discover that the sending and receiving of energy-systems healings was operating as intended without the condition of physical proximity and in disregard of the time that the email, which was encapsulated with the healing energy/information, was sent. When the student would read the text message with the information describing the healing action that the mentor had facilitated, she became aware of feeling the changes while she read the message, or realized that she had already received the pertinent energy/information previous to reading the actual email message. Communication and exchange of information and energy was occurring as a non-local, notime and no-space occurrence, and being transmitted via intentionally encapsulated text email messages, consistently with the same reception results for five months. I theorize this as a force of "space-conditioning" [6] [7] existing within the Internet. I observe this as a test of "vital-reality" existing within the World Wide Web.

C. Test Subjects as Measurement Instruments

Because no electronic or other type of hardware device exists for detecting and identifying encapsulated healing energy, human subjects were used as the "measurement instruments" for this research. One unique aspect of this research is the opportunity to use such a large, highly specialized group of intuitives as test subjects. The 88 test subjects are Intuition Medicine Therapists who completed a three-year Intuition Medicine program at the Academy of Intuitive Studies and Intuition Medicine® [13] located in Sausalito, California, USA. Founded in 1984, the Academy is a globally recognized academic school for professional intuitives. The Academy offers a Master of Intuition Medicine (MIM) counselor certification that leads to an

accredited doctorate of theology in Energy Medicine through association with Holos University [14].

III. RESEARCH OVERVIEW

This research was a randomized, single-blind study. There were four formal treatments with 88 test subjects. The procedure had a professional intuitive intentionally encapsulate a healing energy into a CD-ROM that held a text email message. A computer program randomly transmitted the encapsulated energy email to the test subjects. Four different email treatments were created; three of them encapsulated with three different healing energies (one energy per email), and the fourth email had no encapsulation of healing energy. The email sending sequence was spaced one week apart. Each test subject received one of the three sample energies and one "no energy" email. The sending sequence of the test subject's emails and the order of the four email treatments were randomized by a computer program. This research was conducted in a Ganzfeld laboratory at the Institute of Noetic Sciences [10] in Petaluma, California, USA. A seed grant from the Institute funded this project.

A. Healing Energies

The scope of this study was limited to the specific healing energies that are taught within the Intuition Medicine program. The seven types of healing energies within this program are: Kundalini [5]; Buddha/Christ Force; Supreme Being Consciousness; Male/Female Creative Force; Earth Energy; Original Essence Energy; and Life Force. Intuitives are taught a specific protocol for accessing, amplifying, directing, and utilizing these seven energies for purposes of: (1) healing body/mind/spirit of self and others; (2) sourcing information (internally and externally); (3) creating energetically grounded spaces (internally and externally); and (4) evolving their mind/body/spirit. In this study three of the healing energies were used to test the research hypothesis: Kundalini, Buddha/Christ Force and Supreme Being Consciousness. Research studies of local and nonlocal intentional prayer in the practice of allopathic medicine have documented significant results in the efficacy of healing intention and prayer influencing the positive outcome of patients [2] [4].

IV. REPORT OF RESEARCH RESULTS

A total of 248 responses were received during all four weeks of the study. Shown in Figure 1 is a plot of the Hits percentage, the Total Success percentage, and the respective success percentage for each of the four treatment groups. For purposes of this study, "success" is defined as

both the correct detection and identification of the encapsulated healing energy. Thus, the term "success" is strictly associated with the three treatment groups (A, B and C) that included an encapsulated healing energy. The "Total Success Rate" is calculated using the responses only from treatment groups A, B and C (total of 185). The "No Energy" treatment group (Group D) was completely void of any healing energy. Since there was no healing energy present to "identify" in this group, the percentage of correct responses is labeled "Accuracy Rate" to distinguish it from "success rate." The "No Energy" treatment group was included in the study largely to assess if the test subjects could detect both the presence and the absence of healing energy with similar accuracy. The term "hits" is a commonly used term in extra-sensory perception studies, and is simply defined as the percentage of all total correct responses. Therefore, "hits" does include all four treatment groups (A, B, C and D) and calculated using all 248 received responses. Relative to the 25% chance of success, the Total Success Rate percentage estimate of 31.9% is significant with a P-value of 0.021, (n = 185). Therefore this data strongly supports the research hypothesis that "Healing energy can be intuitively encapsulated into an email text message and transmitted via the Internet to an intended recipient."

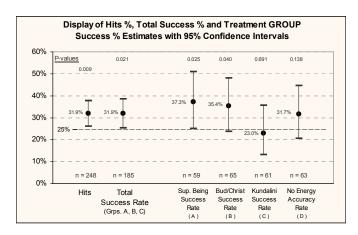


Figure 1: Hits and Total Success Percentages

A. Report of Intuitive Skills Tested

Of the 248 total responses received, 190 reported which intuitive skills were used. In 64% of those responses (121 out of 190) the test subjects reported using multiple (two or more) intuitive skills to detect and identify the healing energy. Only one skill was reported being used in the remaining 36% (69 out of 190) of the responses. Only 9 test subjects (10% of the 88 total participants) reported using the exact same skill or combination of skills during all weeks of the study in which they participated. Most test subjects used different skills or combinations of skills each

week, although the differences were usually slight. Two of the listed skills, Clairaudience and Telepathy, were never used singly by any of the test subjects. If these two skills were used, it was always in combination with other skills. The other five skills were used both singly and in combination with other skills. In Figure 2 is a bar chart of the skills and the combination of skills reported used by the test subjects.

B. Intuitive Skills Defined

The Intuitive test subjects were asked to detect the presence or absence of a healing energy using their specifically developed intuitive skills. The subjects were given this list of seven intuitive skills to choose from, which are specific to the Intuition Medicine therapeutic method.

Clairvoyance: Clear Seeing

Clairvoyance is a "visual" experience or awareness of subtle energy. The usual visuals that are perceived are colors, symbols, patterns, or images.

Clairaudience: Clear Hearing

Clairaudience is a literal hearing of words, sounds, songs, or tones. This skill is an outer audio sound vs. inner mental thought. This intuition is also described as a human sonar sense.

Clairsentience: Clear Feeling

Clairsentience is an acutely developed sense of empathy. This skill utilizes the nervous system to feel energy. Clairsentience is also referred to as emotional body-radar.

Telepathy: Mental Communication

Telepathic ability is communication without verbal/auditory speaking. This skill has a two-way path of sending and receiving.

Precognition: Future Intuition

Precognition is a future time perceptual skill. Precognitive information can be perceived by means of knowing, clairaudience, clairvoyance, telepathy, dreams, visions and clairsentience.

Psychometry: Dowsing Perception

Psychometry is a feeling perception located specifically in the hands. Psychometry is similar to dowsing; the difference is that hand-psychometry is used without any attending objects, e.g. a water witching stick or pendulum.

Knowing: Abstract Perception

Intuitive Knowing presents answers and information often in no logical manner. Knowing may be experienced as a certain feeling, awareness or trust-based perception.

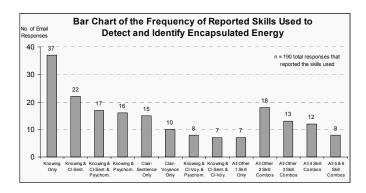


Figure 2: Intuitive Skills Usage Percentage

C. Web of Life

"I think computer viruses should count as life. I think it says something about human nature that the only form of life we have created so far is purely destructive. We've created life in our own image."

-Stephen Hawking

Interdependent forms of life are linked by some form of communication. Consider recent Internet discoveries that postulate that some form of living entity is evolving from the wire and cable connections of the World Wide Web. Nature strives to achieve robustness through interconnectivity. Life is defined by Webster's dictionary as "the condition which distinguishes organic from inorganic objects, being manifest by growth through reproduction and the power of adaptation to environment through changes originating internally." The Internet, like the living cell, shares a common core process of growth, self-reproduction and adaptation—activities which take place internally. Many scientists are predicting that the robustness of the Web network gives it a unique ability to survive under very high error rates. Physics professor Albert-Laszlo Barabási notes that, "While entirely of human design, the Internet now lives a life of its own. It has all the characteristics of a complex evolving system, making it more similar to a cell than a computer chip." Dr.Barabási continues with "No central node sits in the middle of the Web. There is no single node whose removal could break the Web."¹

Dr. Barabási, using a simple mathematical transformation, substituted "fitness" for "energy," assigning an individual energy level to each World Wide Web node in the fitness

¹ Barabási, A. L., *Linked: The new science of networks (Cambridge, Massachusetts: Perseus Publishing, 2002)*, pg. 149.

model. The unexpected result was a precise mathematical correspondence between the networks of the Web and the quantum mechanics world of Bose-Einstein Condensation.

In the postulate that Internet-based communication is modeling intuition-based communication, consider the similarities in biologically-based emergent patterns of the brain. [8] [9] The Internet is an integrated entity with pathways of development that are in a constant state of adaptation.

Mathematician Dr. Ben Goertzel comments that the network is a computer is the mind:

We see, then, that there is a harmony between the brain and the Internet on a fairly deep philosophical level. In both cases, we have a fixed underlying substrate consisting of nodes and links – neurons and synapses on the one hand, computers and cable on the other. In both cases, one has two kinds of dynamics constituting the process level of being – dynamics within the individual neuron or neuronal module, together with electrical and chemical flow between neurons; and computation within the individual computer, together with flow of sound and light along cables between computers. ²

Is Internet email communication the micro-pathway which, when accumulated into a whole organism, emerge as a macro-evolved entity? Recent computer network research has come to the surprising discovery that the Web, like most complex networks of nature, follows a power-law degree distribution of a scale-free network—a description given to emergent ecosystems [11] [12].

D. Internet Intuition

The World Wide Web and the Internet are evolving our experience of reality. The human sense of Intuition enlarges the present accepted state of reality and challenges the division between spiritual and material life. Intuition is a bridge between material and spiritual worlds, as the Internet is a bridge between physical/local and distance/non-local communication.

This unique consciousness research project, which is a blend of spiritual and material reality, brings together highly trained Intuitive Therapists with email

² Goertzel, B., *Creating Internet intelligence.* (New York: Plenum Publishing. 2002), pgs. 119-121.

communication to test the vital reality of the Internet and World Wide Web. The study data is continuing to be analyzed and is revealing information that has never been tested before in extra-sensory perception research.

V. FURTHER RESEARCH

It is too early in this research to conclude that the Internet is a transmitter of "intentional intuition." Speculation is that the Internet is a viable "space-conditioning" holder of intentional energy as well as a test of "vital reality." Imaging the World Wide Web as an omnipresent information archival system may suggest that intuition is a type of communication linkage system which may be consciously utilized within the matrix of the digital reality of the Internet.

What are the implications of this research? What does the data imply to distance educators in the field of energy-based medicine who mentor students via the Internet? What are the possibilities of non-local, no-time, no-space, distance education programs which utilize intentionality and the Internet? How does this further the understanding of distance healing, intentionality and intuition?

The investigation of these questions involves a multidisciplinary approach within the fields of consciousness, computer science, education, energy medicine, intuition, neuropsychology, psychophysics, and quantum physics. This specific research experiment is a small part of a larger investigative research needed towards understanding this evolving, macro-global communication ability of the human species interfacing with the Internet system of the World Wide Web. The overarching theme of this investigation is a study of the science of distance education, through research of the possible outcomes of combining energy medicine, intention, and healing energy with a conscious operation of the Internet as the medium.

We are living and intentionally creating extraordinary events in human evolution. Consciousness research contributes directly to the writing of our history as a species and discovers new language to articulate possibilities of science, spirit and the human potential.

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