

AN EMPIRICAL STUDY OF THE TRANSMISSION OF HEALING ENERGY VIA THE INTERNET

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ABSTRACT

This research studies the intentional intuitive imprinting of healing energies onto a CD-ROM and transmission of these energies via Internet email to a trained intuitive recipient. This study operationally defines “intentional imprinting” as the act of using conscious thought to condition a healing energy onto an object. This study sought to test Internet email as a holder of intentional sensorial resonance, and the World Wide Web within the Internet, as a carrier of this energy-information; and to explore an implied evolution of the sense of intuition. This study conditionally proposes that an intuitive person can open an email and receive the emotional and cognitive content of its sender’s intentionally imprinted information. This study seeks new information significant to distance healing research within the medical, parapsychology, and noetic sciences; and to inspire and identify fertile areas for further cross-disciplinary exploration. The main outcome measures are simple binomial success rates, reported as percentages. In this research study, success is defined as both the correct detection and correct identification of the intentional imprinted healing energy by the intuitive recipients. Main results: Relative to a 25% chance of success, the Total Success Rate is 31.9%, which supports the research hypothesis ($p = 0.021$).

KEYWORDS: Education, energy medicine, extra-sensory perception, internet, intuition, psi, psychology

INTRODUCTION

The focus of this research is limited to one area of experimental investigation: intuition-based communication via the Internet. This project broadly explores the possibilities of subtle-thought communication within the Internet and the affect on email users.

The hypothesis studied here is that healing energy can be intentionally imprinted into an email text message and sent via the Internet to an intended recipient. This hypothesis developed during the year 2000 from this researcher's observations of a five-month healing energy email exchange between two Intuition Medicine® practitioners.^{1,2}

The idea for this research came from an experience the author had as a teacher of professional intuitives at the Academy of Intuition Medicine (Academy) located in Northern California. The author worked with two Master of Intuition Medicine (MIM) vocational program students. One was an alumna of the 1993 MIM program and a professor in the computer arts college of a German university. The other was an owner of a computer consulting company and a student in the 2000 MIM program. Part of the MIM program provides each student with an alumnus mentor who assists in the coursework, and also gives weekly energy-systems healings.

The student had many areas of intuitive interest that matched well with the alumna's expertise. Given that they both spent a good deal of time at their computers and on

the Internet, the author decided to have them connect at a distance via email as student and mentor. The author assumed that they would communicate via a live chat system, forgetting that the time difference between Germany and the US would not easily allow for scheduling of this kind of communication. They began, quite organically, to communicate to each other via text email as though they were speaking to each other in the present moment. The student would ask for an energy healing with specific requests regarding energy systems and then send the email to the mentor. The mentor would receive the message—usually eight hours later—and respond by sending a reply email text message in which she had “intentionally encapsulated”, an energy healing.^{3,4}

They were amused to discover that the sending and receiving of energy-systems healings was operating as intended without the need for physical proximity, and in disregard of the time that the email, and its encapsulated healing energy/information, was sent. When the student read the text message with the information describing the healing action that the mentor had facilitated, she either began to feel the changes while she was reading the message, or realized that she had already received the pertinent energy/information prior to reading the email message. Communication and exchange of information and energy was occurring as a nonlocal occurrence, and being transmitted via text email messages, consistently with the same reception results for five months. The author theorizes that there is a force of “space-conditioning”—

intention influencing space and physical reality—that exists within the Internet; and that the Internet may be a newly emerging global device. The choice of this term was adapted from the imprinting of devices in the research work of William Tiller. This space-conditioning process is observed as a test of a possible emerging ecosystem being created within the World Wide Web.

RESEARCH DESIGN

HYPOTHESIS

Healing Energy Can Be Encapsulated Into An Email Text Message And Transmitted Via The Internet To An Intended Recipient. This research investigates the efficacy of non-local, no-time, no-space distance education programs that utilize intentionality and the Internet. It also identifies fertile ground in the fields of internet-based distance education and energy-based medicine that is worthy of future exploration.

HYPOTHETICAL ASSUMPTIONS

The three key assumptions for this study are: 1. That healing energy can be isolated and identified; 2. That healing energy can hold intention; and 3. That healing energy can be detected.

RESEARCH PROTOCOL

This study was designed to test the detection of the presence or absence of healing energy within an email message. CD-ROMs were chosen as the device for holding the healing energy intentions; three healing energies

were separately intention-imprinted onto three CD-ROMs. A fourth CD-ROM with “no healing energy” was used as a control. All four CD-ROMs contained the same instructional email text messages.

Three different healing energies were chosen for this study—Buddha/Christ Energy, Supreme Being Energy, and Kundalini Energy. The eighty-eight intuitives used in this study were trained to identify and use these energies in their healing practice. Each intuitive was instructed to detect the presence or absence of one of these three energies within the email; and then to immediately fill out a qualitative questionnaire and email reply back to the sender. The questionnaires were remotely collected by a statistician who was located in Oregon.

METHODS

This research was a randomized, single-blind study. There were four formal email messages sent to 88 test subjects. Professionally trained intuitives were used as the test subject “measurement instruments” for this research.

One professional intuitive (PI), who is the graduate program instructor at the Academy, intention-imprinted a healing energy onto a CD-ROM. A computer program randomly transmitted the intention-imprinted email to the test subjects.

The PI performed the procedure at the Institute of Noetic Sciences laboratory

isolated within a double steel-walled, electro-magnetically and acoustically shielded chamber in order to minimize ambient resonance, kinetic energy, and other distractions.⁶ This chamber is most often used for electromagnetic field testing and for psi experiments.

After entering the chamber, the PI spent one to two hours in meditation; during that time he separately held each of the three CD-ROMs in his hands and intentionally directed a specific healing energy through his hands directly onto the CD-ROM.

After intention-imprinting each CD-ROM with a healing energy the PI placed it in the computer which sent it to the target group using a random email sending program. This process was repeated each week for four consecutive weeks.

The email sending sequence was spaced one week apart and on different days of the week. Each test subject received one of the three sample energies and one “no energy” email. The sending sequencing of the subjects’ emails and the order of the four emails was randomized using a simple random number table.

The subjects were randomized in groups of four, and each week each group was re-randomized. The PI did not know who was receiving the emails, other than they were MIM alumni.

The CD-ROMs were handled only by the professional intuitive; they were stored in the

chamber, triple wrapped in aluminum foil, stored in separate tin cans which were placed in a covered cardboard box.

STATISTICAL METHODS

The statistical methods used included confidence interval estimates of the binomial proportions for the respective Hits, Success Rate, and Accuracy estimates. Other methods used were an “R x C” contingency table analysis of successful responses versus skills used, and a simple bar chart of the skills used by the test subjects.

STUDY POPULATION

The MIM alumni email group list received an invitation to participate in this research. All alumni were predetermined by the researcher as qualified test subjects based on the author’s training experience with the subjects and the observation of their performance as mentors or teachers within the Academy programs. A total of 88 alumni who had the required time to participate as test subjects in the full four-week study volunteered in the full study. There were 18 men and 70 women from 30 to 60 years old.

The test subjects were all trained as professional intuitive healers/counselors at the Academy with a minimum of 1000 hours of classroom instruction over a period of three years. Based on faculty assessment, intuitives who had mastered the ability to operate in meditative states as a “calibrated human measurement instrument” were accepted as test subjects. The calibration training method involves students training for hundreds of classroom hours in groups

Table I
Graduation Years
of Diplomats

1986-1	1987-2	1988-4
1989-1	1990-2	1991-1
1992-4	1993-2	1994-2
1995-2	1996-3	1997-2
1998-7	1999-6	2000-9
2001-6	2002-16	2003-19

Table II
Diplomate's Location

Arizona	2
California	82
Massachusetts	2
Oregon	1
Australia	1
Ireland	1
Total	89

with advanced MIM meditators, who through years of practice can resonate and replicate specific healing frequencies (similar to the ability of Indian yogis who can slow their heartbeats; or experienced bio-feedback practitioners). These meditators are able to manage and control a human bioenergy field frequency which acts as attunement control in the classroom moving the bioenergy field of the group towards entrained coherence.⁷ This follows the hypothesis that meditation creates a synchronized, harmonious pattern of oscillations within the body building a standing wave of coherence resulting in an expansion of intuitive awareness.⁸ With time and experience each subject passed a qualifying exam which determined his/her ability to detect and transmit seven healing energies, which operate within a specific band of bioenergy frequencies.

SUBJECTS

The scope of the study was limited to three of the seven specific healing energies that are taught within the Academy program. The range of participating Academy diplomates and the one professional

intuitive, graduate program instructor spanned 18 years; the location of the diplomates was international. The graduate program instructor is a 1986 male diplomate. Interestingly, a correlation of the success rates of subjects relative to length of professional practice and global location of email reception showed no relationship whatsoever.

Table 1 shows the number of participating diplomates for each graduation year. Table 2 shows the location of the diplomates. The professional intuitive was located in California.

SAMPLE HEALING ENERGIES

The target population were sent three types of healing energies.⁹

1. **Supreme Being** (Energy #1)—A cross cultural reference of this energy is represented as Christian, Divine Energy; Hindu, Cosmic Consciousness; and Hawaiian, Aumakua.^{10,11,12}

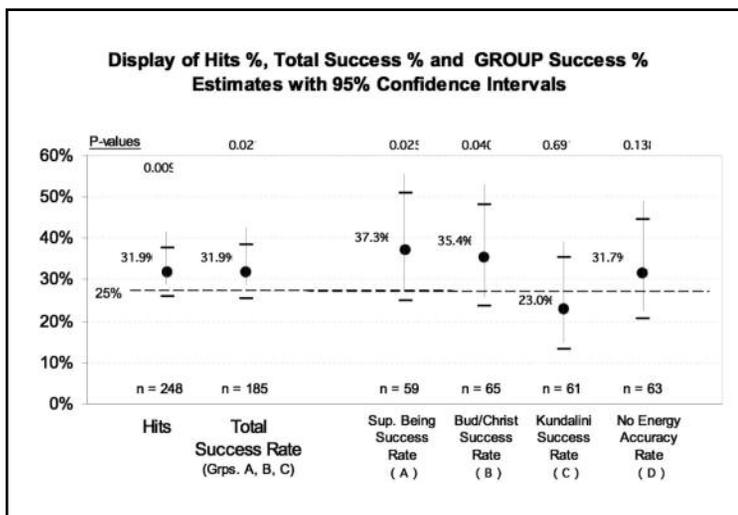


Figure 1. Display of hits %, total success %, and treatment group success % estimates with 95% confidence intervals.

2. **Buddha/Christ** (Energy #2)—A cross cultural reference of this energy is represented as Japanese, Reiki; Christian, Christ Consciousness; and in Monastic Buddhist Practice, Buddha-Christ.^{13,14,15}

3. **Kundalini** (Energy #3)—A cross-cultural reference of this energy is represented as Hindu, Kundalini; Chinese, Qigong; and Wilhelm Reich’s, Orgone.^{16,17,18}

Intuitives are taught a specific protocol for accessing, amplifying, directing, and utilizing these energies for purposes of: (1) healing body/mind/spirit of self and others; (2) sourcing information (internally and externally); (3) creating energetically grounded spaces (internally and externally); and (4) evolving their mind/body/spirit.

Participants in this study, both the one professional intuitive and the 88 subjects, were taught the following methods of intuitive perception: clairaudience, clairsentience, clairvoyance, knowing, precognition, psychometry, and telepathy.

RESULTS

A total of 248 responses were received during all four weeks of the study. Figure 1 is a plot of the Hits percentage, the Total Success percentage, and the Respective Success percentage for each of the four groups. For purposes of this study, “success” is defined as both the correct detection and identification of the encapsulated healing energy. Thus, the term “success” is bound to treatment groups (A, B and C) that included an encapsulated healing energy.

Relative to the 25 percent chance of success, the Total Success Rate percentage estimate of 31.9% is significant ($P < 0.021$; $n = 185$). Therefore this data supports the research hypothesis that “Healing energy can be encapsulated intentionally into an email text message and transmitted via the Internet to an intended recipient.”

The “Total Success Rate” is calculated using the responses only from groups A, B and C (total of 185). The “No Energy” group (Group D) was completely void of any healing energy. Since there was no healing energy present to “identify” in this group, the percentage of correct responses is labeled “Accuracy Rate” to distinguish it from “Success Rate.” The “No Energy” group was included in the study largely to assess if the test subjects could detect both the presence and the absence of healing energy with similar accuracy. This Group D is included in the study as a check and balance: if the test subject were to report a detection of healing energy (when none had been sent) then it diminishes their credibility as an accurate measurement instrument.¹⁹

The term “hits” in this study represents the percentage of ALL total correct responses. Therefore, “hits” does include all four groups (A, B, C and D) and was calculated using all 248 received responses.

The analysis of the test subject responses yielded seven results:

1. **Total Success Rate is 31.9%** ($P = 0.021$) by calculation of a binomial proportion.

The Total Success Rate is calculated using the responses only from treatment groups A, B and C (total of 185).

2. **The Hits Rate is 31.9%** ($P = 0.009$) by calculation of a binomial proportion. (It was simple coincidence that the two percentages came out the same).

3. **Healing Energy #1** (Supreme Being) Success Rate is 37.3% ($P = 0.025$) by calculation of a binomial proportion.

4. **Healing Energy #2** (Buddha/Christ) Success Rate is 35.4% ($P = 0.040$) by calculation of a binomial proportion.

5. **Healing Energy #3** (Kundalini) Success Rate is (23.0%) by calculation of a binomial proportion.

The success rate with Healing Energy #3 (23.0%) is significantly less than with the Healing Energy #1 ($P = 0.044$), and the Healing Energy #2 ($P = 0.063$), suggesting that this healing energy was more difficult to encapsulate or transmit with an email, and/or detect by the test subjects.

6. **The No Energy Group accuracy rate of 31.7%** ($P = 0.138$) by calculation of a binomial proportion.

7. **Intuitive Skills.** After each of the tests, the subjects filled out, and were instructed to immediately email reply back, a qualitative self-reporting questionnaire and indicated from a list of seven intuitive skills which one(s) they used to detect the presence or absence of healing energy within

the email. The seven intuitive skills listed were: clairvoyance, clairaudience, clairsentience, telepathy, precognition, psychometry, and knowing.

The predominant intuitive skill used to detect and identify encapsulated healing energy was knowing, used either by itself or in combination with other skills. After knowing, the predominant skills used were clairsentience, psychometry, and clairvoyance.

REPORT OF INTUITIVE SKILLS TESTED

Of the 248 total responses received from the test subjects, 190 included reports of which intuitive skills were used. In 64 percent of those responses (121 out of 190) the subjects reported using multiple (two or more) intuitive skills to detect and identify the healing energy. Only one skill was

reported being used in the remaining 36 percent (69 out of 190) of the responses. Only nine test subjects (10 percent of the 88 total participants) reported using the exact same skill or combination of skills during all weeks of the study in which they participated. Most test subjects used different skills or combinations of skills each week, although the differences were usually slight. Two of the listed skills, clairaudience and telepathy, were never used singly by any of the test subjects. If these two skills were used, it was always in combination with other skills. The other five skills were used both singly and in combination with other skills. Following in Figure 2 is a bar chart of the skills and combination of skills reported used by the test subjects. Table III reports successful responses vs. skills used.

Figure 2. Bar chart of the frequency of reported skills used to detect and identify encapsulated Energy.

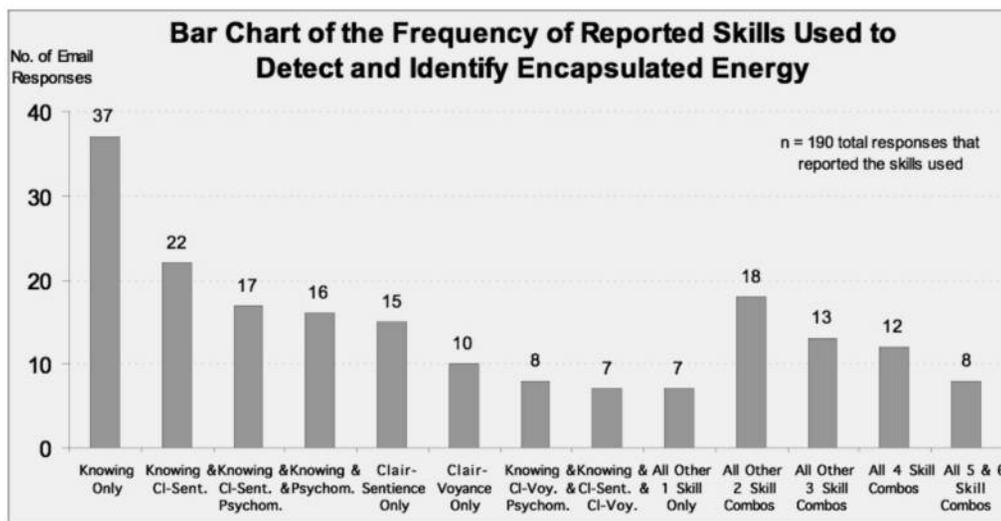


Table III
Contingency Table of Successful Response vs. Skills Used

Success											
Yes											
11	Knowing	Knowing & Cl. Sent.	Knowing & Cl. Sent. & Psychom.	Knowing & Psychom.	Clairsentience	All Other Individual Skills	All Other 2 Skill Combos	All Other 3 Skill Combos	All 4, 5 or 6 Skill Combos	Marginal Totals	
6	4	5	5	6	10	7	58				
4											
No	26	16	13	12	10	12	12	18	13	132	
Marginal Totals	37	22	17	16	15	17	18	28	20	190	

DISCUSSION

The statistical results of this specific study are significant; however, it is inconclusive that the results are directly associative to the Internet as a transmitter/holder of energy. Other considerations and possibilities include:

1. The email might have served as a “witness”—an object in the material and energetic worlds that serves to connect the sender and receiver through psychic links. That is, the receivers may have connected directly with the sender, using the email as something akin to a homing beacon. However, the time of emails sent and received was random; and the receivers did not know who the “sender” was (in the information obtained from the final questionnaires many responded that they

assumed it was the author who was the sender). Of more important note is that within the research protocol the professional intuitive was not designed as the “sender”—the Internet was the designated sender/carrier of the encapsulated healing energy. The professional intuitive reported that he did not focus on any receivers, as his job was to simply encapsulate the CD-ROMS with healing energy, and then place each CD-ROM into the computer and push the send button.

2. This study may reflect the experimenter’s expectations. The possibility that the experimental results were influenced by precognitive effects is a consideration that might follow the premise of Decision Augmentation Theory.²⁰

3. The test subjects were accessing a

constant energy archival medium—working with a postulate that time is nonlinear and nonlocal the subjects may have the skill to access information outside of linear time.²¹ The Internet may participate in this phenomenon in ways that might be explained within the Zero Point Field, Akashik Records or the Collective Unconscious theories.^{22,23,24}

4. Addressing a replication consideration: This project states that the intention was to use finely tuned human measurement instruments—the intuitives trained in the same protocols as the sender. The study has confirmed the hypothesis to a limited degree and only for the Intuition Medicine trained intuitive subjects. However, this would not limit the replication of the research, as another group of energy practitioners, who were, for example, trained in Reiki or Johrei, could also follow the same protocols.

CONCLUSION

The Conscious Internet: It is too early in this research to conclude that the Internet is a transmitter of “Intentional Intuition.” Speculation is that the Internet is a viable “space-conditioning” holder of intentional energy as well as a test of an “emerging ecosystem.” Imaging the World Wide Web and Internet as an evolving ecological system that captures and carries human thought may suggest that intentional intuition is a type of communication linkage system that may be consciously utilized within the matrix of the digital reality of the Internet.²⁵

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REFERENCES & NOTES

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Intuition Medicine is a sub-specialty of energy medicine applying subtle energy field research and study toward the potential of using this information as application in healing the body, mind and spirit.
2. F. McCartney, *Intuition Medicine®: The Science of Energy* (Intuition Library, Mill Valley, CA, 2000).
3. In this paper the words “transmission”, “encapsulated”, “resonance”, “calibrated instrument”, and “attunement control” are used as metaphors. The metaphorical term “intentional encapsulation” is used to describe the act of consciously imprinting an object with an intended energy resonance; in this project it referred to specific healing energies which were “thought-imprinted” onto a CD-ROM.
4. Another use of the term “intentional encapsulation,” although with a somewhat different meaning for the term, is found in the language of computer software systems. *John Mylopoulos, From Object-Oriented Information Systems*. Paper presented at 9th International Conference on Object-Oriented Information Systems, (Geneva,

Switzerland, 2003). Source: www.oois.unige.ch/mylopoulos.ppt

5. W. Tiller, W. Dibble, M. Kohane, *Conscious Acts of Creation: The Emergence of a New Physics* (Pavio Publishing, Walnut Creek, CA, 2001).
6. Series 81 Shielding System. Source: <http://www.emctest.com/Series81.cfm>
7. W. Tiller, *Science and Human Transformation* (Pavio Publishing, Walnut Creek, CA 1997), p. 228.
8. B. Naparstek, *Your Sixth Sense: Unlocking the Power of Your Intuition* (HarperSanFrancisco, CA 1997), p. 106.
9. Cross-cultural references are:

Supreme Being Energy:

In Intuition Medicine, a subtle energy healing system, Supreme Being energy is a sacred consciousness field of awareness for archival retrieval of wisdom information/energy. Existing as a spiritual information archival network this information/energy is accessed through a specific meditation: Visualizing gold life-force energy within the hypothalamus gland followed by raising the frequency to a gilded-pearl color. This practice is similar to shamanic trance meditations-- but without intensive ritual or ingestion of mind altering chemicals. (www.IntuitionMedicine.org)

Channeled in 1955, the Urantia book talks about the hierarchy of spirits and consciousness in elaborate detail. "Early in the projection of the superuniverse scheme of creation, the Master Spirits joined with the Paradise Trinity ...and the Supreme Being functioned creatively as the culminator of the cojoined acts of the Paradise Trinity. ...the Master Spirits continue as source centers for the far flung ministry of the cosmic-mind." Author, *The Urantia Book*® (Urantia Foundation Staff, Eds., Chicago, IL, 1955), p.1272.

Jon Klimo wrote his book, *Channeling from a journalistic perspective which leads to the objective historical perspective*. Dr. Klimo, interviewing Huston Smith: "I do believe that beings greater than ourselves exist. I likewise believe that some of these may be in touch with us in ways we are not normally aware of. Even when Revelation includes an intermediary...the intermediary neither adds nor detracts, so for all practical purposes the message still proceeds from God." J. Klimo, *Channeling : Investigations on Receiving Information from Paranormal Sources*, (Thatcher, New York, 1987), p. 172.

Serge Kahlil King's contribution to linguistics was his research on the origins of the ancient Hawaiian

language. "In the Hawaiian language, aloha stands for much more than hello or goodbye or love. Its deeper meaning is the joyful (oha) sharing (alo) of life energy (ha) in the present (alo). As you share this energy you become attuned to the Divine Power that the Hawaiians call mana. And the loving use of this incredible Power is the secret for attaining true health, happiness, prosperity and success. The High Self (Kane, Aumakua, Spiritual Mind), has the function of creativity, is motivated by harmony, and uses energy." (S.K. King. www.huna.org).

Buddha/Christ Energy:

In the Intuition Medicine system Buddha/Christ Force is a universal consciousness energy which operates and is accessed from outside of one's personal energy field. It is a specific frequency which vibrates at a higher cellular level than most human cell frequency. Empirical observation through meditative practice reports that connection to this healing energy shifts the biofield to the color and pulse of golden-rose. (www.IntuitionMedicine.org)

Karyn Mitchell gives this historical note on the founder of the system of Reiki. "In 1822 Dr. Mikao Usui embarked on a 28 year mission to uncover the secret of the healing power of Jesus and the Buddha."

K. Mitchell, *Reiki: A Torch in Daylight* (Mind Rivers Publications, St. Charles, IL, 1994), p.10. Thich Nhat Hanh's writing blends Christian and Buddhist thought. "Thanks to the practice of many generations of Buddhists and Christians, the energy of the Buddha and the energy of Jesus Christ have come to us. We can touch the living Buddha and we can touch the living Christ."

T.N. Hanh, *Living Buddha, Living Christ* (Riverhead Books/Putnam, New York, 1995), p. 57.

William Tiller, PhD investigates the origin of philosophies from frequency to broadcast in his research. "If one builds his/her self to transmit large signal power over a broad band of frequencies, many entities will be able to absorb this radiation and absorb this love. Since most of the audiences of the truly great teachers like Krishna, Buddha, Mohammed or Jesus, who all manifested the Christ consciousness, did not understand them intellectually, their strong responses to these teachers was probably due to the high power, broad band love radiation signal that they broadcast."

W. Tiller, *Science and Human Transformation* (Pavio Publishing, Walnut Creek, CA 1997), p. 211.

Kundalini Energy:

In the Intuition Medicine system Kundalini energy is approached from a western body/mind model. The author was a founding member of the USA Kundalini Research Network and has studied Kundalini energy with thousands of people over three decades. Through this study a commonality of Kundalini energy has been observed—as broad ranging colors carrying a metallic sheen. Consistent with most references to Kundalini, the meridian pathway which this energy follows is observed as upward through the spinal channel from 1st to 7th chakra.

F. McCartney, *Body of Health: The Science of Intuition, Kundalini Energy Anatomy*, CD, (Intuition Library, Mill Valley, CA, 2005).

Psychiatrist, Lee Sanella's medical findings chart the physical and mental components of the activation of this energy. "A new clinical entity, the [Kundalini] rebirth process, is defined and documented. It is a dynamic, self-directed, self-limited process of mental and psychological purification, leading to a healthier and more developed state than what we usually consider normal. A cross-cultural survey reveals that this process is essentially similar in a wide variety of spiritual traditions."

L. Sanella, *Kundalini: Psychosis or Transcendence?*, (Author, San Francisco, CA, 1976), p. 64.

Carl Jung has written a number of volumes on his symbolic and archetypal perspective of Kundalini. "When you succeed in awakening the Kundalini, so that it starts to move out of its mere potentiality, you necessarily start a world which is totally different from our world. It is a world of eternity."

C.G. Jung, *The Kundalini yoga: Notes on the lecture given by Prof. Dr. J.W. Hauer with psychological commentary by Dr. C.G. Jung*. (Mary Foote, Ed., C.G. Institute, Zurich, 1993).

Isaac Bentov's western model of Kundalini has influenced scholars, mystics, physicians and scientists in their understanding of this energy. "My model also suggests that the spontaneous cases of Kundalini may be attributed to, among other things, to periodic exposure to certain mechanical or acoustical vibrations, which will cause a sequence of symptoms to arise. This has been shown by a biofeedback technique utilizing a pulsating magnetic field around the head. When people are exposed to frequencies of about 4 or 7 Hz...these vibrations may be able to trigger a spontaneous physio-kundalini sequence in suscep-

tible people who have particularly sensitive nervous systems."

I. Bentov, *Stalking the Wild Pendulum: On Mechanics of Consciousness*, (E. P. Dutton, New York, 1977), p. 142.

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Carl Jung's work—the collective unconscious is another concept of a storage matrix of human information. Jung and Blavatsky may have been futurists espousing a spiritual-psychological digital-reality of the World Wide Web.

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