



## School Catalog 2021

*Mail:* PO Box 1921 Mill Valley, California 94942 USA

*Campus:* 2400 Bridgeway Suite 290, Sausalito, California 94965

[www.IntuitionMedicine.org](http://www.IntuitionMedicine.org)

### **Introduction**

The Academy of Intuition Medicine® founded in 1984, is globally recognized for its vocational education program, especially created for professional Intuitives and for those interested in developing intuition as a pragmatic skill. The Academy of Intuition Medicine® Online (AIMO) was founded in 2006 and is a fully distance learning school. Academy of Intuition Medicine® is a division of Intuitive Development,

Incorporated. The faculty of the school includes Francesca McCartney, founder and director; an Advisory Board; and a dedicated and highly professional group of teachers, mentors and practitioners. The acronym AIM is used to distinguish the campus vocational program, while AIMO is used to denote the asynchronistic distance learning school program.

## **Purpose**

Our purpose is to fill the need for a quality program which educates students to be fluent in the art and science of Holistic Health and Energy Medicine. Our teachers are among the most highly qualified instructors in their respective area of expertise. The Academy of Intuition Medicine® is a vocational program by classroom attendance at the School campus in Sausalito, California, USA. And Academy of Intuition Medicine® Online is a fully distance school which mirrors the classes in the campus program.

## ***Advisory Board***

The following members comprise the Academy of Intuition Medicine® Advisory Board. Their biographies may be accessed at: <http://intuitionmedicine.com/advisory-board.htm>

- Debra Bellings-Kee, MIM, MFT, JD
- Daniel Benor, MD
- Pamela Bradley, MIM, PhD
- Laurence Brahm, JD
- Ralph B. Bunje, Jr., CPA, MBA, MS, CES
- Donna Eden
- David Feinstein, PhD
- Ben Goertzel, PhD
- Gloria Horsley, PhD
- Peter Howard, MIM, PhD
- Linda Lea, CPCC, PhD
- Judith Orloff, MD
- John H. Reed, MD, PhD, MPH
- Salma Salimi, DDS
- Len Saputo, MD
- Norman Shealy, MD, PhD
- Isaac Silberman, MD
- Judith Tolson, MIM, MA
- Garret Yount, PhD

## ***Staff***

PRESIDENT & CEO  
FOUNDER & DIRECTOR

Francesca McCartney PhD

[Francesca@IntuitionMedicine.org](mailto:Francesca@IntuitionMedicine.org)

### REGISTRAR

Anna Haight BA MIM

[Anna@EnergyMedicineUniversity.org](mailto:Anna@EnergyMedicineUniversity.org)

ADMINISTRATIVE ASSISTANT

Zena McCartney MIM MHA

[Zena@EnergyMedicineUniversity.org](mailto:Zena@EnergyMedicineUniversity.org)

DEAN OF ACADEMICS - CAO

Pamela Bradley MIM PhD

[Pamela@EnergyMedicineUniversity.org](mailto:Pamela@EnergyMedicineUniversity.org)

## Affiliations

The Academy of Intuition Medicine® is an approved provider of continuing education courses by the

**California Board of Registered Nursing**, approval number CEP13046. Board of Registered Nursing California registered nurses have been required to document continued competency by completing a minimum of 30 contact hours every two years in subjects relevant to the practice of nursing. Courses must be taken from providers approved by the Board of Registered Nursing or other entities recognized by the Board. The BRN approves continuing education providers, not individual courses.

**Associated Bodywork and Massage Professionals** is a membership organization serving the massage, bodywork, somatic and esthetic professions. ABMP competes effectively for members by providing the best value and most responsive, knowledgeable service. ABMP (provider number 507723).

**State of California Acupuncture Board** The Academy is pleased to be an approved provider of continuing education courses for this Board (provider number CEU 1402).

**Board of Chiropractic Examiners** In a reciprocal agreement with the California Board of Registered Nursing (CEP 13046), the Board of Chiropractic Examiners honors CEU credits for Academy classes. From the Board's CEU regulations: Any Healing Arts Board or Bureau within Division 2 of the Business and Professions Code or approved by any organization authorized to approve continuing education by any Healing Arts Board or Bureau in Division 2 of the Business and Professions Code. (i) The continuing education providers and courses referenced in subdivision (h) do not need to be approved by the Board for credit to be granted nor do they need to meet the requirements contained in Sections 362, 363, and 363.1. Note: DCs should contact the Board of Chiropractic Examiners for confirmation of Academy issued CEUs.

### Professional Memberships

Society for the Study of Subtle Energy and Energy Medicine, Colorado, USA

Institute of Noetic Sciences, California, USA

Institute for Health & Healing, California, USA

Institute for Intentional Healing, California, USA

IPSI Scientific Forum, Belgrade, Serbia

Society for Scientific Exploration, Virginia, USA

California Association of Private Postsecondary Schools, California, USA

Academy of Spirituality and Paranormal Studies, Connecticut, USA

Health Medicine Institute, California, USA

Council for Healing, New Jersey, USA

Institute of Noetic Sciences, California, USA

Academy of Religion and Psychical Research, Connecticut, USA

American College of Traditional Chinese Medicine (ACTCM), USA

Society for the Study of Subtle Energy & Energy Medicine, USA

International Association for the Study of Dreams. USA

Institute for Intentional Healing, California, USA  
Institute for Naturopathy, Ayurveda & Alternative Medicine, New Delhi, India & Italy  
Society for Scientific Exploration, Virginia, USA  
Kundalini Research Network, USA  
IPSI Scientific Forum, Belgrade, Serbia

## **Location and Facilities**

The campus is located at 2400 Bridgeway, Suite 290, Sausalito, California 94965 where campus courses are held. The facility contains a classroom, breakout rooms and a library as well as its administrative office. Sausalito is a picturesque town bordered by the Pacific Ocean and located at the North end of the San Francisco Golden Gate Bridge. The physical facility consists of classroom spaces, offices and bathrooms with outdoor decks. Markets and restaurants are within walking distance and the school can easily be reached by public transportation. Street and lot parking is available. Most campus students are local commuters. Some students elect to attend live campus classes via zoom.

For distance education programs coursework is completed at a location determined by the student. As a distance learning school most of our contact and communication with distance students is by telephone, Internet, zoom and email.

## **Library**

The Academy of Intuition Medicine® houses a campus research library that is maintained by two librarians. The library contains around 2000 books, plus journals and periodicals. The campus research library may be accessed during normal business hours and by appointment with the Registrar. A current list of research library resources is available to all students at:

<http://www.energymedicineuniversity.org/docs/students/EMU-Library-Catalogue.pdf>

Our School library resource and support services provides wider and more comprehensive access to information via extensive web resources and websites.

The School has an array of resources to students. The web portal contains lists and links to professional journals, associations, libraries, online journals, online newsletters, resource websites, magazines, online free book libraries, and online databases available to students.

Also students access the school books library, CD players and a CD library which holds recorded lectures of most of the classes, Internet access, Zoom and Skype access, computers, telephone, projector and screen, voice-recording equipment, printer, paper, notebooks, pens, pencils,

The School's campus research library is continually adding to its collection of books and materials offered. And our digital resources are updated to give students the best access to subject matter covered in its courses.

The Academy of Intuition Medicine® program of study in Holistic Health and Energy Medicine is not well represented in traditional libraries. We have found that traditional libraries generally lack a good collection of books in our specialized field, and the same applies to the typical digital mainstream digital library subscriptions. In addition to housing one of the best collections of specialized materials, the school has provided access to a set of online materials most likely to yield research results in our field to assist our students in their research endeavors.

## **General Policies**

### ***Admissions and Entrance Policies***

The Academy of Intuition Medicine® welcomes diversity and admits students without regard to race, creed, color, sex, age, national origin, handicap, political or religious affiliations or beliefs.

### ***Provision of Catalog***

Prospective students are directed to download the current School Catalog from the School website. Prior to admission prospective students are to sign a document stating that they have received and read the School Catalog as to be considered for admission. Prospective students and current students are invited to contact [info@intuitionmedicine.org](mailto:info@intuitionmedicine.org) with any questions about the School Catalog.

### ***International Students***

The School does not offer VISA services for international students, nor does it vouch for student status. The Academy of Intuition Medicine® ONLINE programs are designed so that students may complete classes wherever they may be physically located without the necessity of traveling to campus.

### ***English Requirement***

The School does not offer English-as-a-Second Language instruction nor provide English language services. All instruction is taught in English. The University seeks students from all regions of the United States, and English-speaking students from around the world. All courses are presented in the English language. Students are expected to be proficient in the English language prior to enrollment.

### ***Housing***

The School does not assume responsibility for student housing, does not have dormitory facilities under its control, nor offers student housing assistance.

### ***Financial Aid***

Academy of Intuition Medicine® does not have available federal or other government sponsored programs.

### ***Job Placement***

The School does not offer job placement assistance.

The School does not guarantee employment for its graduates. Although the School does not offer job placement assistance several courses are focused on the creation of career and business ventures and strategies.

### ***Student Request to Withdraw from AIMO Online Program***

If the program in which you are enrolling is distance education-not offered in real time via Academy of Intuition Medicine® Online. The institution will transmit all the lessons and materials to you after you complete payment and the enrollment agreement. No refund after you receive access to the AIMO student lesson and the student program website.

### ***Withdrawal from AIM Campus Program***

You may withdraw from the School at any time and receive a pro rata refund. Cancellation is effective on the date the written notice of cancellation is sent to the Academy of Intuition Medicine® PO Box 1921, Mill Valley, California 94942 or Info@intuitionmedicine.org. Refunds will be paid within 45 days of cancellation. The refund will be less a registration or administration fee not to exceed \$250.00, and less any payment for books and materials, and paid within 45 days of withdrawal.

To determine the amount of the refund, the date of the student's withdrawal shall be deemed the date the Withdrawal letter is received. The amount owed equals the daily or class charge for the program, minus non-refundable fees.

For programs beyond the current "payment period," if you withdraw prior to the next payment period, all charges collected for the next period will be refunded. If any portion of the tuition was paid from the proceeds of a FAIM scholarship, the refund shall be returned to FAIM fund.

If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund.

### ***Confidentiality and Access to Student Records***

Student records are protected from unauthorized access. Requests for release of information by the student or from outside agencies must be made in writing. This ensures that only authorized individuals have access to specific information requested.

## ***Rules of Conduct***

Students must adhere to high standards of integrity and conduct. Those whose conduct reflects discredit upon himself or herself or the school will be subject to termination. The student must adhere to conduct that will not interfere with the learning process of any other student, the classroom presentation by the teacher, or the progress of the class in general. The administration of the school reserves the right, in the exercise of their judgment, to dismiss a student. Examples of misconduct include:

- a. Non-conformity with the rules and regulations of the school.
- b. Conduct that reflects unfavorably upon the school and/or its students.
- c. Excessive absences or tardiness.
- d. Failure to pay charges when due.
- e. Demonstrating poor judgment or inability to function properly that could put patient/student safety in jeopardy.
- f. Entering the school classes while under the influence or effects of alcohol, drugs, or narcotics of any kind.
- g. Disorderly conduct that interferes with the learning process of any other student, the classroom presentation by the teacher, or the progress of the class in general.

A student dismissed for unsatisfactory conduct may be readmitted into the program only at the discretion of the Director in the case of campus vocational programs, or administrative office in the case of distance learning programs.

The consequences for violating of the rules of conduct presented in the school catalog are 1) verbal warning 2) academic probation or suspension or 3) dismissal from the school. All disciplinary matters will come before the administration, which will review the complaint, interview the person(s) involved and make a determination of the action. Results may include: dismissal of the charge, dismissal of the student, probation or suspension for a specified period of time. The finding will become part of the student's permanent file. School reserves the right to dismiss any student for whom it feels continuation would be a detriment to the student, fellow students and/or the school.

## ***Student Complaint/Compliance***

Students are our first priority, and the school believes the student's education is of primary importance. However, should there be any complaints or a problem concerning the educational process or school matters, the first step is to consult this catalog and/or your course policies and procedures, and discuss the problem with an instructor. The instructor will attempt to resolve the matter. In the case of campus vocational programs, the student may either write or email the School Director a communiqué describing the issue and/or concern/complaint. In the case of distance programs, the student may write the administrative office a communiqué describing the issue and/or concern/complaint. For students who convey their complaint in writing, the School will provide the student with a written response. If the complaint or relief requested by the student is rejected, the reasons for the rejection will be provided.

As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement.

## **Campus & Online Vocational Programs**

### ***Dear Prospective Student:***

Welcome to the Academy of Intuition Medicine® the vocational program of the Academy of Intuition Medicine® The School is a private postsecondary education institution whose central mission is the development, cultivation and enrichment of the human mind and spirit. The Academy of Intuition Medicine® is dedicated to onsite vocational education instruction.

The Academy of Intuition Medicine® founded in 1984, is a globally recognized academic school for professional Intuitives and for those interested in developing intuition as a pragmatic skill. The faculty of the Academy includes Francesca McCartney, founder and director; an Advisory Board; and a dedicated and highly professional group of teachers, mentors and practitioners. Academy of Intuition Medicine® offers the following programs:

### **Certificate Programs Offered on Campus (AIM) and Online (AIMO)**

❖ **Master Certification in Intuition Medicine® (MIM)**

❖ **Intuition Medicine® Certification**

## **General Information**

### **Institution Name**

Academy of Intuition Medicine®

A Division of Intuitive Development Inc.

### **Physical Address**

2400 Bridgeway Boulevard Suite 290  
Sausalito, California 94965 USA

### **Mailing Address**

PO Box 1921  
Mill Valley CA 94942 USA

### **Contact Numbers**

415. 331-1011 Campus Office  
415. 381-1010 Office of the Director  
415. 381-1080 Fax

### **Email Address**

[info@intuitionmedicine.org](mailto:info@intuitionmedicine.org)

### **Website**

[www.IntuitionMedicine.org](http://www.IntuitionMedicine.org)

### **Hours of Operation**

Administrative Office hours: Vary. Contact us via email

Class hours vary with courses.

## **Mission Statement**

The mission of the Academy of Intuition Medicine® is to teach and empower individuals to discover and use their natural intuitive sense in all endeavors of life. The philosophy of the Academy is that everyone has innate intuitive abilities that can be developed and utilized as a natural human sense.

## **Program Admission and Entrance Policies**

Academy of Intuition Medicine® admits students without regard to race, creed, color, sex, age, national origin, handicap, political or religious affiliations or beliefs.

The School documents completion of all components of its Certification in Intuition Medicine®. Though we recognize that you may have had similar training in the past, the campus vocational programs cannot accept previous educational experience as credit toward any of this course. Each module and component has been carefully planned.

**See websites for current AIM & AIMO Tuition and Dates for AIM Campus classes.**

## **General Admission Requirements for Academy of Intuition Medicine® (AIM) Campus Programs**

1. Complete admissions application. [Enroll - Academy of Intuition Medicine®](#)
2. Schedule an Academy orientation
3. Personal interview with the Academy Director.
5. Complete enrollment agreement.
6. Complete financial arrangements.
7. Report to class per instructions.

## **General Admission Requirements for Academy of Intuition Medicine® Online (AIMO) Classes**

1. Complete admissions application. [Energy Medicine • Courses : Academy of Intuition Medicine® Online](#)
2. Schedule an Academy orientation or talk to the AIMO student ambassador.
3. Order course materials.
4. Begin asynchronistic classes per instructions.

## **SCHOOL OPERATIONS and POLICIES**

### **Certificate of Completion**

Upon satisfactory completion of vocational course requirements and satisfying financial obligations, the School will issue a certificate of completion. Instructors are not authorized to issue completion certificates. All completion certificates must have the signature of the Director to be valid. Any additional requests for certificates/ transcripts must be done in writing.

### **Withdrawal/Termination**

Upon withdrawal from a course, the school requests the student state in writing the reason for leaving. If a student's participation in the program is terminated by the school, official notification via email will be transmitted.

### **Attendance Policies**

The Academy attendance policy is designed to ensure that students maintain satisfactory progress. Students are expected to attend all classes, be on time, remain in class for the entire duration of the class, and be an active participant in their classes. If a student misses a class, the student is required to listen to the lecture or zoom recording of the missed class and then participate in a tutoring session with an Academy Teaching Assistant. In addition, students are encouraged to take the missed class the next date it is offered.

### **Grading Standards**

For campus vocational programs, the Pass/Fail qualitative standard best measures a student's success. Qualitative assessments are based on consultations between faculty and the student's self-assessment.

Evaluation of student progress is ongoing. During the school's weekly pre-class preparation hour, the student's progress is discussed. When the student successfully integrates the material, the student is then advised to continue onto the next level of training.

### **Leave of Absence**

A leave of absence shall be reasonable in duration. A leave of absence may be granted for military leave, pregnancy, personal difficulties, and medical reasons. Return from a leave of absence will be at the time the same course is offered again, and the schedule must be approved by the Academy Director.

A written request for a leave of absence must be formally presented to the school by the student. The Director will approve or deny the request and contact the student in writing.

## ***Tutor Program***

### **Tutor Program for Students**

The Tutor program was established to provide MIM students with support and technical assistance during the MIM program. People have gained immensely from working with this diverse network of advanced Academy of Intuition Medicine® practitioners and mentors.

The tutor is someone to ask questions of regarding class topics or learning issues. This person serves as both an energy healer and facilitator in your personal work and education. Every fifth month, tutors are rotated. This gives the student an opportunity to experience and learn from practitioners of differing perspectives.

This program is a way for the student to extend his/her spiritual community of friends, and to affirm and expand reality with people of like mind and contribute to the greater good of self and others.

## **Tutor Program Student Guidelines**

The objective of the program is for a student to facilitate his or her practitioner ability. There are three five-month rotations during each of which students work with a different tutor. Each tutor relationship is unique. Respecting individual personality and unique skills enhances the student's learning possibilities with each tutor.

The tutor is prepared to give an average of one hour per week depending upon need. This may take the form of:

- *Coaching:* A skills check for what is being taught in class.
- *Q&A:* Answering questions regarding issues experienced as energy-related, you may be given an energy session and a recommendation for further work.
- *Consultation:* During the rotation, you will receive a full energy-systems consultation.
- *Reports:* Tutor discusses weekly assessment report which is given to the instructors for review.

## **Tutor Program for Graduates**

The Tutor Program was established for Academy graduates to return support to the new Master Certification in Intuition Medicine® students. As graduates know from their own experience as an MIM student, it is important to have a network of graduate level practitioners to communicate with. The following clarifies protocol regarding the expectations of graduate tutors. Basic guidelines are established and tutors are welcome to give more time and counsel.

The Tutor Program for Graduates is a way for graduates to extend their spiritual community of friends, affirm and expand your reality with people of like mind, and contribute to the greater healing of self and others.

## **Practicum**

Practicum is for Academy campus and Online students only and is not open to the public. Students may attend in-person (just drop-in) or to zoom in email Practicum teacher for permission. Practicum is an Academy member time to work with Alumni and Faculty as tutors. Practice includes: meeting with a tutor; lab sessions to hone intuitive skills; review of class lecture on CDs; quiet personal meditation; exchange of ideas with peers and faculty.

Students can also spend quiet time in the research library reading our extensive collection of books, journals and listening to audio lectures and watching instructional video programs. Members' skill levels benefit through practicum mentoring and research library participation. Library research by appointment with practicum faculty.

## ***Intuition Medicine® Certification Program***

### **Course Statement**

This vocational certificate course is designed for students who are interested in pursuing professional careers as Medical Intuitives, Intuition Medicine® Practitioner, Spiritual Coaches or integrating advanced intuitive skills into their existing careers. Students who take the course for their own healing and personal growth discover great improvement in their creativity, relationships, career, and all aspects of their lives. Admission requirements: Submit application. Interview with faculty. Required: Course Materials – \$60 for Dr. McCartney 2-books & Audio-set.

### **Course Descriptions**

The following core courses provide the framework for intuitive development. Through guided visualization, lecture, meditation, lab sessions, practicums and required text reading, each student's innate intuitive abilities are strengthened and integrated into a practical and contemplative life practice. A holistic approach within these courses allows for body, mind and spirit integration.

#### **Intuition Medicine: Holistic Healing Principles**

Prerequisite: Application and entrance interview.

Course Completion: 6 weeks class work, practicums with TAs and required texts

Course Textbooks: See Class Text List

#### **Topics Covered:**

In this class basic energy concepts and systems are introduced of Intuition Medicine® practice of healing. Students learn diagnostic techniques for self-healing utilizing personal Life Force and Earth healing energies. Through meditation and hands-on exercises students work with: Grounding: our natural connection with the Earth; Aura: our natural protective force; Chakras: our energy anatomy focal points; Intuition Center; and Spiritual Guidance and Guides. Through meditation and lab sessions students experience the basic energetic systems of Grounding, Aura, and Chakras and gain an understanding of their functions within the practice of Intuition Medicine. Students learn to self-diagnose and heal the basic energy systems.

#### **Intuition Medicine®: Holistic Healing Principles with Clients**

Prerequisite: Application and entrance interview.

Course Completion: 6 weeks class work, practicums with TAs and required texts

Course Textbooks: See Class Text List

#### **Topics Covered:**

Students learn to diagnose and heal the basic energy systems of others. Diagnostic and healing modalities are taught and practiced include: Boundaries, Protection and Compassion; Spiritual Guidance and Guides; Universal Consciousness, Energy of Contracts; Cellular Healing Energy; and Protocol of Energy Healing with a Client.

### **Intuition Medicine®: Holistic Healing Principles using Kundalini Energy**

Prerequisite: Application and entrance interview.

Course Completion: 5 weeks class work, practicums with TAs and required texts.

Course Textbooks: See Class Text List

Self-diagnostic and healing techniques utilizing Kundalini energy taught include: Spiritual Healing with Light and Color; Emotional Boundaries; Cross- Cultural Reference of Kundalini Healing Energy. and Protocol of Kundalini Energy Healing with a Client.

## ***Master Certification in Intuition Medicine® (MIM)***

### **Course Statement**

Francesca McCartney, PhD is the primary teacher along with senior faculty Dr Chan, OD, Dr Geren LAc, DOCM and other trained Medical Intuitives. Dr. McCartney is creator of the Intuition Medicine® specialty which is a sub-set of Energy Medicine This course of studies is a specific concentration path within the field of Energy Medicine. All course material is the copyright of Francesca McCartney. Academy of Intuition Medicine® is a registered trademark owned by Francesca A. McCartney. The Master Certification in Intuition Medicine® (MIM) Program is a vocational experiential course of study in the science and practice of Intuition Medicine®.

Intuition Medicine® is a system of expanded perception of the world through the development of the human sense of intuition. This system, developed by Dr. McCartney, includes an integrated study of subtle energy systems and their connection to the physical anatomical systems. This model of Intuition Medicine® and its hypotheses have been synthesized from Francesca's intuitive counseling of thousands of people and her study of science, spirituality, education and holistic medicine. This material and theory are not intended to be used in place of a doctor's advice. Rather, Intuition Medicine® is intended to be used to increase the effectiveness of conventional diagnosis and treatment of body, mind and spirit.

This course offers in-depth exploration of advanced intuitive skills, energy healing and spiritual consultation concepts. Graduation requirements are: participation in practicums; lab sessions; a mid-term and final paper; and required reading texts. Weekly tutorial and assessments are given by the master students' graduate student tutor. Award of certificate is based on the completion of all requirements and a final assessment by the faculty instructors and director of the program.

## **Course Overview**

The Master Certification in Intuition Medicine® Program consists of 50 formal 3-hour classroom lectures; 60 1-hour tutor sessions (see “Tutor Program” description); regular participation at practicums (see “Practicum” description); a mid-term exam and paper; a final exam and paper. The student is expected to practice and integrate the information into his/her daily life awareness. This program is offered once each year in May.

## **Master Certification Program Work**

Each classroom meeting consists of an intention meditation; a lecture on the module topic; panel work with a facilitator; discussion and homework assignments.

## **Prerequisites**

Application and entrance interview. Permission of teacher.

No prior learning credit can be transferred into this program.

## **Anatomy and Healing**

Prerequisite: permission of teacher

Completion: 7 weeks class work, practicums with TAs

Course Textbooks: See Class Text List

This course will combine the energetic and intellectual understanding of how the body works with Intuition Medicine® tools. An understanding of the anatomical and physiological landscape from an intuitive perspective allows a deeper and more holistic perception to arise when working with self and clients. Students are encouraged to learn from both an intellectual and experiential perception, and to discover their own unique intuitive perception of how they “see” the inner layout and functioning of the body. The modalities of nutrition, botanical medicine, homeopathy, and Academy of Intuition Medicine® will be cross-referenced. A holistic perspective is taught with respect to all aspects of body, mind, emotions, energy, and spirit as complementary to the healing process.

**MIM Course Textbooks:** See Class Text List

## **MIM Course Description**

The MIM program is taught as course modules with required texts:

**Module 1:** Anatomy of the Grounding, Aura, Chakra Systems.

**Module 2:** Energy Contracts: Lessons, Personal Path.

**Module 3:** Reincarnation: Personal Cycles and the Present Now

**Module 4:** Male/Female Energy Anatomy System.

**Module 5:** Astral Body System: Lucid Dreams

**Module 6:** Physio-Psychic System™: Epigenetics

**Module 7:** Spiritual Incarnation System™: Soul Retrieval

**Module 8:** Prosperity and Spiritual Abundance

**Module 9:** Correlations of Intuition Medicine® & Chinese Medicine

**Module 10:** Internship: Ethics in the Practice of Energy Medicine

### **Mid-Term Examination**

The mid-term exam is required at half-way through MIM. A final, written evaluation of the student's exam results is completed by the MIM instructor. Course evaluation is in the form of a complete or incomplete determination.

### **Final Examination**

The final exam is required at end of MIM. A final, written evaluation of the students' exam results is completed by the MIM instructor. Course evaluation is in the form of a complete or incomplete determination.

***Academy of Intuition Medicine® Online (AIMO) Classes are Asynchronistic:  
Begin Anytime & Progress on Your Time Schedule***

Our website maintains current dates and tuition: [Academy of Intuition Medicine® Online](#)

## ***Academy Campus Class Schedule: In-Person & Zoom Attendance***

Our website maintains current dates and tuition: [Home | Energy Medicine - Academy of Intuition Medicine®](#)

### **Master Certification in Intuition Medicine® Campus Program:**

Begins each year in May through June of the following year. With Internship through September.

Tuesdays/Thursdays - 7:00pm-9:30pm PST

### **Anatomy Correlations of Intuition Medicine® & Chinese Medicine**

Mondays/ Tuesdays/Thursdays - 7pm-9:30pm PST

### **Intuition Medicine: Healing I**

Tuesdays/Thursdays - 7pm-9:30pm PST

### **Intuition Medicine: Healing II**

Tuesdays/Thursdays - 7pm-9:30pm PST

### **Intuition Medicine: Meditation III**

Tuesdays/Thursdays - 7pm-9:30pm PST

### **Practicum**

Wednesdays - 7pm-8:30pm PST

### **Research Library**

Scheduled in accordance with administrative hours. Contact office for days/times.

## **Academy of Intuition Medicine® Faculty**

The program faculty credentials and biographical description located on website Faculty page.

### **Jacqueline Chan, DO, MIM**

Faculty Instructor

- Physician Heal Thyself
- Doctoring the Chakras: Medical and Intuitive Physiology of the Seven Chakras

### **Francesca McCartney, PhD**

Founder, Faculty Instructor

- Master Certification in Intuition Medicine®
- Intuition Medicine® Program

### **Danny Geren, LAc, DOCM, MIM**

Faculty Instructor

- Anatomy: Intuition Medicine® & Chinese Medicine

### **Dominic Vucci, MIM**

- Chair, Ethics Board
- Professional Practice Teacher
- Practicum Teacher

## COURSE TEXTBOOKS

### **Intuition Medicine®: Healing I:**

Gawain, Shakti. *Creative Visualization*.

Leadbeater, C. W. *The Chakras*.

Leadbeater, C. W. *Man Visible and Invisible*.

McCartney, Francesca. *Intuition Medicine®: The Science of Energy*.

McCartney, Francesca. *Body of Health: The New Science of Intuition Medicine® for Energy  
& Balance*.

### **Intuition Medicine®: Healing II:**

Bruyere, Rosalyn L. *Wheels of Light: Chakras, Auras, and the Healing Energy of the Body*.

Leadbeater, C. W. *Clairvoyance*.

McCartney, Francesca. *Intuition Medicine®: The Science of Energy*.

McCartney, Francesca. *Body of Health: The New Science of Intuition Medicine® for Energy & Balance*.

### **Intuition Medicine®: III**

Bentov, Itzhak. *Stalking the Wild Pendulum: On the Mechanics of Consciousness*.

Bentov, Itzhak. *Brief Tour of Higher Consciousness: A Cosmic Book on the Mechanics of Creation*.

Lieberman, Jacob. *Light: Medicine of the Future*. .

McCartney, Francesca. *Intuition Medicine®: The Science of Energy*.

Sannella, Lee. *The Kundalini Experience*.

### **MIM Modules:**

#### **Module #1: Energy Anatomy: Grounding, Aura, Chakra Systems and Past Lives**

Brennan, Barbara Ann. *Hands of Light: A Guide to Healing Through the Human Energy Field*.

Cayce, Charles Thomas. *Edgar Cayce You Can Remember Your Past Lives*.

**Module #2: Energy Contracts: Lessons, Personal Path**

Myss, Caroline. *Anatomy of the Spirit*.

Myss, Caroline. *Sacred Contracts*.

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## FACULTY TEACHERS and COURSES

### Jacqueline Chan, DO, MIM

-  Physician Heal Thyself
-  Medical and Intuitive Physiology of the Seven Chakras

### Danny Geren, LAc, DAOM, MIM

-  Traditional Chinese Medicine
-  Spiritual Incarnation System™

### Chuck R. Laurenson, MIM, MS

-  Physio-Psychic System™

### Francesca McCartney, PhD

-  Intuition Medicine®: Energy Anatomy
-  Intuition Medicine®: Healing Systems
-  Kundalini Energy: Investigations in Transcendence Healing

### Dominic Vucci MIM

-  Chair, Ethics Board
-  Professional Practice Teacher
-  Practicum Teacher

## **Mission Statement**

Academy of Intuition Medicine® is dedicated to providing higher education of academic excellence for study and research in the field of Energy Medicine. Energy Medicine encompasses alternative, bioelectric, complimentary, holistic, indigenous, integrative, intuitive, spiritual, and traditional modalities.

Academy of Intuition Medicine® strives to offer unique opportunities world-wide for adults to enter flexible, self-paced programs of higher education which are challenging and achievable, and which provide access to qualified faculty in commitment to campus and distance learning.

## **Philosophy**

Our purpose is to fill the need for a quality program which educates students at a higher level to be fluent in the art and science of the vocational and institutional field of Holistic Health and Energy Medicine. Our professors are among the most highly qualified instructors in their respective area of expertise. Academy of Intuition Medicine® is both a campus and a fully distance learning institution.

As an institution of higher learning, Academy of Intuition Medicine® fulfils its mission by providing vocational learners from throughout the world opportunities to engage in a process-centered curriculum where learners become actively involved in organizing their own knowledge and experiences, rather than merely storing content put together for them by someone else. The educative process is based on an epistemological rationale that the way a learner organizes knowledge has a great deal to do with the role that knowledge plays in future thinking and the use that is made of it later. The Academy does the things that most other school do, but it does them as a fruition of commitment to a process-centered curriculum.

The Academy of Intuition Medicine® addresses the needs of a wide range of learners who are qualified for and genuinely interested in the type of education it offers.

The Academy of Intuition Medicine® serves students who are passionate about Energy Medicine, Intuition and Holistic Health and wish to deepen their knowledge by pursuing learning. This Institution seeks to encourage and enable each learner to learn as much as possible. To this end promotes intellectual excellence in four complementary ways. Instruction and learning are designed to convey that: there are no single right answers; there are limited appropriate ways to obtain answers; there are limited criteria by which to judge the appropriateness of answers; and deriving answers is a process rather than a product.

In keeping with its philosophy, the Academy of Intuition Medicine® is committed to the following institutional goals: To provide an open door to students who exhibit a sincere interest in continuing their education through guided study. To provide an opportunity for self-inquiry, collaborative research, exploration, and innovation as a result of interaction between students and faculty. To maintain high

standards of quality in the selection of faculty, requirements for completion, and evaluation of students. To promote a learning environment which takes advantage of both traditional and non-traditional sites, and multiple human and technical resources throughout the world.

## **Admission and Entrance Policies**

Academy of Intuition Medicine® welcomes diversity and admits students without regard to race, creed, color, sex, age, national origin, handicap, political or religious affiliations or beliefs.

### **PROGRAM AUDIENCE**

The Academy of Intuition Medicine® Program is designed to serve the needs of adult learners; professionals currently in a health care practice; those seeking a Certificate in the growing field of Integrative Holistic Health and Energy Medicine specialties; as well as those individuals seeking an education in states of Human Consciousness. The program audience includes:

- Psychologists and Practitioners whose career or personal interests move them into the fields of Consciousness, Intuition, Spirituality, Complementary, Integrative or Alternative Healing, or Transpersonal Studies and Counseling.
- Practitioners of mind/body relationship modalities interested in the nature of Consciousness and Healing.
- Teachers and Counselors who wish to add to their current understanding of Consciousness, Healing and Transpersonal Relationships.
- Professionals who wish to incorporate a greater understanding of the Human Condition onto their practice.
- Organizational Psychologists, Consultants, and Business People interested in adding the perspective of the nature Human Consciousness into their profession.
- Spiritual Psychologists, Spiritual Counselors and Pastoral Counselors interested in building their understandings and skills.
- Experimental or Research Psychologists, Practitioners of contemporary non-traditional research design and qualitative studies in alternative psychology.
- Individuals interested in areas such as: Spiritual Psychology, Metaphysics, Divinity, Parapsychology, Noetic Studies, Gnostic Studies, Shamanic Studies, Mysticism, Alternative Psychologies, Expressive States, the Death-and-Dying Process, or other Transformational Processes.

## **HISTORY of HOLISTIC and ENERGY MEDICINE**

*In the 1960s* Humanistic Psychology became the first major "alternative" movement in modern Health Care. In the 1980s Holistic Medicine was introduced; soon thereafter, the terms Complementary, Integral, Quantum, Integrative, and Alternative Medicine became synonyms for concepts of Health Care that did not fit into the allopathic convention that has dominated American Medicine for almost a century. In 1989, Dr. Elmer Green and colleagues substantiated the comprehensive and inclusive term, "Energy Medicine" by founding The International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM). A few years later, Congress mandated the National Institutes of Health Office of Alternative Medicine, later converted into the Institute of Complementary and Alternative Medicine, and most recently designated as the National Center for Complementary and Alternative Medicine. NCCAM currently identifies five fields of complementary and alternative medicine:

- Alternative Medical Systems
- Mind-Body Interventions
- Biological-based Therapies
- Manipulative and Body-based Methods
- Energy Therapies

Energy medicine as it is practiced and studied is not restricted to what NCCAM includes in Energy Therapies, but also overlaps with practices in the other four NCCAM fields, such as the Alternative Medical Systems of Ayurvedic Medicine and Traditional Chinese Medicine.

During this forty-five year evolution, Americans and Canadians have embraced the many therapeutic approaches offered by the proponents of these movements. Now, each year almost half of Americans use some alternative therapy. Medical schools and hospitals are tentatively offering a few courses and programs which barely scratch the surface of the rich resources of Humanistic, Holistic, Complementary, Integral, Quantum Integrative, Alternative, and Energy Medicine.

### **The Field of Energy Medicine**

Energy Medicine includes all concepts of energy: light, sound, electro-magnetism, body, mind and spirit. In addition to concepts central to electro-chemical physiology, older traditions of "life force" or "élan vital" are commonly found in the discourses of Energy Medicine. From Taoist alchemy and Chinese Medicine comes the principle of Chi, with its Cosmic and Microcosmic cycles and flows through the channels or meridians in the physical body. From Yogic Hinduism comes the breath or Prana, and the principles of multiple energy vortices in the body – the Chakras, and especially the concepts of multiple bodies beyond the flesh and blood physiological body, conceived in various systems as layers such as the etheric body, the astral body, the emotional body, the mental body, and the spirit bodies.

Many roots and paths have contributed to these ecumenical and syncretic endeavors that are loosely allied around the concept of energy. The psychology of Carl Jung, with his conception of the collective unconscious and especially his emphasis of myth and Kundalini Yoga is a major root. Another main stream is Christian mysticism in its many forms. Christian Science and the spiritual healing practices of both conventional religious denominations and the

"New Thought" churches such as Unity and Science of Mind are also threads that underlie various practices in energy medicine. Recent studies on the healing efficacy of prayer are contributing to the resurgence in spiritual healing. Northern European folk healing traditions have come in through Naturopathy and the teachings of skilled healers such as Olga Worrall and Hanna Kroeger. On the more intellectual side, the emphasis on Spirit also has roots in American Transcendentalism and from Northern Europe, in German Idealism, which was heavily influenced both by the Hermetic Alchemical tradition coming via the Arabs in the fourteenth century from late Alexandrian Greek culture, and by Chinese Alchemical traditions coming into Continental Europe in the seventeenth century via the Jesuits, such as in the work of Athanasias Kircher. The Hindu Yogic revival in Europe comes in the Nineteenth century such as through the Theosophy of Madam Blavatsky and the later Anthroposophy of Rudolph Steiner, and then again in the second half of the Twentieth century in both Europe and America, as part of the enthusiasm for meditative disciplines and consciousness studies.

The work of Dr.'s Elmer and Alyce Green in the 1960s with their colleagues at the Menninger Clinic in Topeka, Kansas, pioneered investigations in biofeedback studies and what they preferred to call voluntary control of autonomic physiological processes. The Green's world view and research questions were influenced by their own exposure to traditions of psychic healing in the early Twentieth century and their researches in India in the 1960s, studying the physiology of Yogic adepts and Tibetan Tantric trance meditators.

Dr. Green and associates founded ISSSEEM as an interdisciplinary association for the study of energetic and informational interactions, to explore the concepts of subtle energies in the experience of consciousness, healing, and human potential. ISSSEEM is intended as a bridging organization for scientists, clinicians, therapists, healers, and any other interested people. This is an interdisciplinary professional organization representing the entire field of Energy Medicine. (Williams, 2004).

### Specialties in Energy Medicine

Acupuncture/Acupressure	Literature reviews, systematic reviews and meta-analyses research
Anthroposophy	Massage
Aromatherapy	Meditation
Ayurveda	Medical Acupuncture
Bioelectromagnetic therapy	Mind-body therapies (including behavioral and educational aspects)
Biofeedback	Naturopathy
Botanical medicine	Nonlocal therapies
Chiropractic	Osteopathic medicine
Craniosacral therapies	Orgonomy
Creative therapies (including art, dance, drama, and music)	Qigong
Flower and gem essences	Polarity Therapy
Diet/Nutrition/Nutritional supplements	Psychoneuroimmunology
Environmental medicine	Psychotherapy
Five Element Chinese Medicine	Reflexology
Health promotion	Reiki
Homeopathy	Relaxation/stress reduction
Hypnotherapy	Spiritual/transpersonal healing/prayer
Healing Touch	Therapeutic Touch
Imagery	Tibetan Medicine
Indigenous medical practices	Traditional Chinese Medicine
Intuition practices	Yoga

Recently holistic/energy medicine has come under increasing study by the scientific community. While holistic/energy medicine has existed in various forms for centuries, the current field does not have one absolute definition. The answer to the question "What is holistic/energy medicine?" varies according to the practitioner. There is no standard scientific understanding or precise meaning of these ideas in the Western scientific paradigm, although various explanations are offered for holistic/energy medicine in terms of a vital force or life energy. A new paradigm for researching biology and medicine based on energy information is required to define holistic/energy medicine. (Rubik, 1995) Today, holistic/energy medicine is practiced in many forms. The following is a brief list of holistic/energy medicine specialties.

### **Meditation, Prayer**

Guided visualization, deep breathing, focusing on a word or sound, and being mindful of your thoughts are some of the current applications of the ancient arts of meditation and prayer. Some benefits researched by Western scientists include lowered blood pressure, stimulation of the body's immune system, and stress release.

### **Acupuncture/Acupressure**

Acupuncture is an ancient form of Chinese medicine. The acupuncturist identifies blockages to the energy flow and opens up the pathways to increase circulation. This is done by inserting small needles into the skin at specific energy points along the meridians. Electro-acupuncture uses the same method with the addition of a regulated low-voltage electric current sent through each needle into the meridians. Acupressure uses no needles, the trained hands of a therapist applies pressure to the nodal points on the meridians.

### **Chi Gung/Qi Gong**

The movement meditation of Chi Gung sprouted the Western version called, Tai Chi Chaun; this practice is a dance like movement of the hands, body, and feet aligned with breathing techniques. The practitioner focuses on feeling and moving the Chi energy through the meridians of the body. Medical Qi Gong is the root from which many hands-on healing techniques branched out into the West.

### **Reiki/Therapeutic Touch**

Reiki is a Japanese practice that trains practitioners to access the "Buddha/Christ universal healing energy." This ancient modality is passed on from master teacher to student and involves specific symbol and energy transference. It is an easily accessible form of energy healing to people of all walks of life. This is a hands-on healing modality where a practitioner touches specific locations in a patient's body. In the early 1980s, Dolores Krieger, R.N., created an American version called Therapeutic Touch. She learned some basics of spiritual healing from theosophy. She introduced this concept of spiritual healing energy, which she referred to as "prana," to thousands of nurses. (Goldner, 1999)

## **Homeopathy**

Homeopathy was formulated 200 years ago by Samuel Hahnemann, a German physician. Remedies are prescribed according to the classical Greek Law of Similars, namely “that which makes sick shall heal.” This means that the symptoms caused by an overabundance of a substance can be cured with a small dose of that substance. The homeopathic remedies are diluted so greatly that no chemical trace of the original substance remains. This process apparently imprints the energy pattern into a container of water in which it is diluted. (The Society of Homeopaths, 1998)

## **Biofeedback**

Developed at the Menninger Clinic in Kansas, by Elmer Green, the biofeedback machine operates via electrodes connected to a patient’s head and fingers. People learn to control muscle tension, skin temperature, brain wave activity, and blood pressure. A widely used modality and accepted in many medical institutions for its proven efficacy in treating migraines, high blood pressure and other illness.

## **Intuition Medicine®**

Intuition Medicine® is based on the premise that all matter, including human bodies, is comprised of energy. Physics has taught this for years, and it is now considered a scientifically proven fact. Intuition Medicine® focuses on the energy and spirit of a person. Our cells are meticulously organized into systems that doctors use as a basis for diagnosis and healing, and it is the same for our energy. Intuition Medicine® practitioners have many diagnostic and intervention tools to heal these energy systems. All cellular and chemical matter has energy as its base component, so when you shift the energy, you also physically heal the body. Because it works with energy, the basic element of matter, Intuition Medicine® offers a healing modality that can be both an alternative and a complement to our traditional methods of healing. (Laurenson-Shiple, 2000)

## **Kinesiology**

Kinesiology interfaces between subtle energy and physical medicine. Basically it is the testing of muscle power at its simplest physical level. Physical therapists and exercise specialists have very detailed manual techniques for evaluating muscle strength. A wide variety of tests may be done ranging from placing an unknown substance in the mouth, to colors, to thoughts that affect the muscle energy.

## **Flower Essences**

Flower essences are vibrational preparations which were originally created by Dr. Edward Bach, a British physician, early in the 20th century. Many practitioners believe that the Bach flower remedies or flower essences are among the most popular of the homeopathic approaches. Rescue remedy is perhaps the most popular of all and is said to be of great use in both emotional and physical shocks.

## **Magnetic Therapy**

Studies in the application of magnets to the body have reported significant reduction of pain with applications of 11,000 gauss magnets to specific areas of the body. These magnets, which have been demonstrated to be of some benefit physiologically and psychologically, produce an electromagnetic field which creates a differing electromagnetic response in the area of the body where it is placed.

Research has been done with 2500 gauss magnets placed six inches above the top of the head which results in increasing Delta activity deep inside the brain.

### **Color and Light Therapy**

Color therapy has scientific evidence to support that the application of different colored lights can markedly change body chemistry, including oxytocin, prolactin, beta endorphins, etc. Flashing red lights have been used successfully to treat migraine headaches. The Lucia Color Test is a psychological diagnostic based upon one's preferences of up to 156 colors.

### **Sound, Music and Tone**

The brain can be entrained by sound frequencies just as it can be by light frequencies. The late Robert Monroe has done the best work in this field at his Monroe Institute in Virginia. The Institute has reports of research of marked reduction in pain, as well as many health improvements using pulse frequencies of sound. Music is well documented as an emotional calming agent, as well as can be used in psychotherapy to assist with emotional catharsis.

### **Electro-Physiological Measures**

Another technique was discovered by Reinhold Voll, MD. Dr. Voll is a German doctor who found in 1940 that the electrical resistance of the skin decreases dramatically at the acupuncture points when compared to the surrounding skin. This led the Western founders of the current approach to energy medicine. These discoveries created a new field of energy medicine instruments (e.g., Voll Meter, Meridian Stress Analyzer) that have been developed both for assessment and treatment.

The Burton Goldberg Group (1993) reported the following:

Franz Morrel, MD, a colleague of Dr. Voll, created another treatment instrument called the Mora. Dr. Morrel believed that all biological processes are essentially a matter of electromagnetic signals that can be described by a complex waveform. Health can be considered as a smooth wave, while disease is identified by unwanted variations on this wave, both higher and lower. Dr. Morrel had the idea of taking the electromagnetic signals directly from the body and manipulating the aberrant waveforms by raising or lowering them to create normal waves. These corrected waves are then fed from the device back into the patient at the corresponding acupoints. The signals can be taken from any area of the body, modified, and then returned to the specific area (p. 195).

### **The Future of Energy Medicine in Holistic Health**

There are prominent and influential Western leaders emerging in the field of energy medicine. The Rev. Rosalyn Bruyere, founder of the Healing Light Center Church in California has influenced most of the healers in the United States including many of the nurses who have studied therapeutic touch as well as Barbara Brennan, PhD who directs a school for healing science in Florida (Goldner, 1999).

Other Western leaders in holistic medicine include: Deepak Chopra, MD, an advocate of meditation; Dr. Jon-Kabat Zinn, founder of a stress-reduction clinic at the University of Massachusetts; and, cardiologist

Dr. Dean Ornish, an expert on reversing heart disease through diet, yoga and meditation. They found that calmness and self-knowledge gained through meditation may have therapeutic biological effects.

In the 1990s, three mainstream doctors published books on the interaction of the human energy field and medicine. Christine Northrop, MD, wrote about energy anatomy in her best-selling book, *Women's Bodies, Women's Wisdom*. Judith Orloff, MD, wrote about clairvoyance in the practice of psychiatry in her book, *Second Sight*. Psychiatrist and neuroscientist Mona Lisa Schultz, MD wrote, *Awakening Intuition*, which explains how to use the mind-body network for insight and healing.

In the 1980s, C. Norman Shealy, MD, grounded holistic and energy medicine into mainstream acceptability with his study and training of medical intuitives. His groundbreaking research with clairvoyant Caroline Myss, PhD, created the accepted definition of the term "medical intuitive." In the 1970s Dr. Shealy was one of the prime founders of the American Holistic Medical and Nurses Associations. Dr. Shealy created the first degree granting Energy Medicine Program within Greenwich University. This program participated in a new academic paradigm for the study of biology and medicine based on energy-information.

### **Holistic Medicine in Mainstream Health Care**

In the past decade, holistic medicine has become a recognizable presence in the healthcare field. Holistic medicine modalities are being taught to hospital staff at California Pacific Medical Center, Health and Healing Clinic in San Francisco. Medical Intuitives are sitting in surgery rooms at Stanford Medical Center in Palo Alto, California. Energy medicine documentation forms for medical insurance claims have been available on the Internet since January 1999 (Henderson, 1999).

Hospitals, surgery rooms, medical clinics, insurance companies, and burgeoning academic programs have grounded holistic/energy medicine into the present. Courses on the role of religious devotion and prayer in healing are currently being taught in approximately 50 U.S. medical schools. This is an historic development, a stunning reversal of the exclusion of these factors from medical education for most of the twentieth century. In addition, conventional medical journals, such as the *Journal of the American Medical Association (JAMA)*, are increasingly willing to publish studies involving unconventional therapies. JAMA's issue of November 11, 1998, was devoted exclusively to the field of alternative medicine.

#### **National Statistics:**

- The National Center for Complementary & Alternative Medicine (NCCAM) reports that more than 42% of Americans use alternative medicine to address their health and wellness concerns.
- The budget for the NCCAM rose from \$2 million in 1993 to \$50 million in 1999.
- In addition, Americans spent more than \$28 billion on these therapies in 1998, exceeding out-of-pocket spending for all USA hospitalizations.
- The Journal of the American Medical Association reports a 48.3% increase in total visits to alternative medicine practitioners between 1990 and 1998.
- A 1994 published survey revealed that more than 60% of doctors from a wide range of specialties recommended alternative modalities to patients at least once. The same study also reported that 48% of those doctors used alternative modalities themselves.

- Nearly 85% of USA medical schools offer elective courses in alternative and complementary medicine or include it in required courses.
- In 1993, the New England Journal of Medicine reported that more than 34% of all Americans have used some form of alternative medicine. A 1998 follow-up study showed that this figure increased to 42% of all Americans.

### **Holistic Medicine Meets Western Medicine**

A groundbreaking move was made by the American Board of Holistic Medicine (ABHM) in December, 2000; the first ABHM board review of holistic medicine “The Art, Science, and Practice of Holistic Medicine” was presented in Denver, Colorado. Approximately 200 MD’s sat for the first ABHM certification examination.

The opening statement of the Art, Science, and Practice of Holistic Medicine course included this statement:

Holistic medicine is based on the core belief that unconditional love is life's most powerful healer. At its essence, the practice of holistic medicine embraces a spirit of interdisciplinary and physician-patient cooperation; balances the mitigation of causes with relief of symptoms; integrates conventional and complementary therapies; and facilitates the experience of being fully alive.

It is at present not possible to fully academically test candidates for these core issues in holism. It has been the intent of the directors of the ABHM, however, to carefully structure the testing for skills in complementary medicine, the interview and the required paper for candidates for the board examination, in the content of this review course itself, to be a total learning experience for those in attendance to foster the enhancement of the practice of holistic medicine.

The review course and the board certification examination will begin to incorporate reasonable standards into American medical practice and education, health planning, and research, regarding the application of the body of knowledge which encompasses the field of holistic medicine. The ABHM founders envisioned a paradigm shift in the direction of incorporating holistic principles into the practice of medicine in the United States. Standardization of the curriculum and the certification examination will help the public demand and professional interest in the inclusion of “alternative” medical practices in the integrated delivery of the best possible medical care.

This board certification examination opened a new chapter of holistic/energy medicine in the history of science. The ABHM board of trustees established twelve principles of holistic medical practice; twelve areas of the science of holistic medicine were approved; and three components of holistic health – body, mind, and spirit – were defined. During the first board review course intensive, thirty-two specific holistic

courses were presented by thirty medical and osteopathic doctors. Each physician presented a course designed to introduce his or her specialty and taught a complementary allopathic to holistic approach. The learning objective of this intensive review course of holistic medicine was that the participants should be able to, "...describe the areas encompassed by holistic medicine; and implement a personalized program for creating a condition of optimal health" (*The Art, Science, and Practice of Holistic Medicine*, 2000).

The twelve ABHM principles of holistic medical practice are:

1. Unconditional love is life's most powerful healer.
2. Optimal health is much more than the absence of sickness
3. Illness is viewed as a manifestation of the whole person, not as an isolated event.
4. Holistic physicians embrace a variety of safe, effective options in diagnosis and treatment, including:
  - a. education for lifestyle changes and self-care
  - b. complementary approaches; and
  - c. conventional drugs and surgery.
5. Searching for the underlying cause of disease is preferable to treating symptoms alone.
6. Holistic physicians expend as much effort to establishing what kind of patient has a disease as they do establishing what kind of disease a patient has.
7. Prevention is preferable to treatment and is usually more cost-effective. The most cost-effective approach evokes the patient's own healing capabilities.
8. A major determinant of healing outcomes is the quality of the relationship established between physician and patient, in which patient autonomy is encouraged.
9. The ideal physician-patient relationship considers the needs, desires, awareness and insight of the patient as well as those of the physician.
10. Physicians significantly influence patients by their example.
11. Illness, pain, and the dying process can be learning opportunities for patients and physicians.
12. Holistic physicians encourage patients to evoke the healing power of love, hope, humor and enthusiasm, and to release the toxic consequences of hostility, shame, greed, depression, and prolonged fear, anger, and grief.

The American Board of Holistic Medicine took an enormous leap for Western medicine putting aside the rationalistic/scientism model for understanding the human condition moving into the current transitional approach in holistic medicine research by stating that, "The primary objective of the practice of holistic medicine is the experience of optimal or holistic health. Optimal health is the unlimited and unimpeded

free flow of life force energy through body, mind, and spirit.” The statements continued further with an expression of, “Holistic physicians believe the essence of this energy is unconditional love. It is also called and chi (Chinese), ki (Japanese), prana (Sanskrit), and chai (Hebrew). The art of practicing holistic medicine lies in healing/loving ourselves; and our work is to help our patients by identifying and committing to mitigate and remove the restrictions and obstructions that cause dis-ease to prevent us from fully experiencing and enjoying life. It is a process of facilitating growth and maximizing human potential.” (ABHM, 2000)

*History* by the word itself implies an event which occurred *in the past*, and in examining this recent historic movement in medical science we are observing history in the making – or maybe in the remembering of ancient principles of holism. The ABHM also created their definition for the science of holistic medicine and in part stated, “... this science has been evolving for the past three decades...”

A regimented course of “areas of study” is required for board certification in holistic medicine, in addition to a written exam, an essay, interview, holistic health self-assessment, and recommendations. The twelve topics which comprise the core curriculum for certification are in themselves a current history of the science of energy medicine. The ABHM areas of study are:

#### The Science of Holistic Medicine

##### BODY: Physical and Environmental Health

1. Nutritional Medicine
2. Environmental Medicine
3. Exercise Medicine

##### MIND: Mental and emotional health

4. Behavioral Medicine (including Psychoneuroimmunology)

##### SPIRIT: Spiritual and Social Health

5. Spiritual Medicine
6. Social Medicine

The six specialized areas are:

1. Biomolecular Medicine
2. Botanical Medicine
3. Energy Medicine
4. Ethno- Medicine
5. Homeopathic Medicine
6. Manual Medicine

The introductory talk in the The Art, Science, and Practice of Holistic Medicine conference included statements more akin to ancient principles of spirituality rather than the modern science of medicine. In

addressing the conference of physicians Dr. Ivker used phrases like: “Path of self-nurturing; Listening to your heart; Guiding our patients” and presented a list of components of holistic health which reads like a powerful list of greater-good affirmations. The ABHM compiled a list for:

### Components of Holistic Health

#### ***Loving your BODY:***

##### **Physical Health**

- high energy and vitality
- freedom from or high adaptability to pain, dysfunction, and disability
- a strong immune system
- a body that feels light, balanced, and has good aerobic capacity
- ability to meet physical challenges
- full capacity of all five senses and a healthy libido

##### **Environmental Health**

- harmony with your environment (neither harming nor being harmed)
- awareness of your connectedness with nature
- feeling grounded
- respect and appreciation for nature, the earth and all of her inhabitants
- contact with the earth; breathing healthy air; drinking pure water; eating uncontaminated food; exposure to the sun, fire, or candlelight; immersion in warm water (all on a daily basis)

#### ***Loving your MIND:***

##### **Mental Health**

- peace of mind and contentment
- a job that you love doing
- optimism
- a sense of humor
- financial well-being
- living your vision

### **Emotional Health**

- self-acceptance and high self-esteem
- capacity to identify, express, experience, and accept all of your feelings, both painful and joyful
- awareness of the integral connection between your physical/emotional bodies
- confronting your greatest fears
- fulfilling your capacity to play
- peak experiences on a regular basis

### ***Loving your SPIRIT:***

#### **Spiritual Health**

- experience of unconditional love/absence of fear
- soul awareness with a personal relationship with God or spirit
- trust in your intuition and a willingness to change
- gratitude
- creating a sacred space on a regular basis through prayer, meditation, walking in nature, observing a Sabbath day, or other rituals
- sense of purpose
- being present in every moment

#### **Social Health**

- intimacy with the spouse, partner, relative, or close friend
- forgiveness
- sense of belonging to a support group or community
- touch and/or physical intimacy on a daily basis
- selflessness/altruism

### **Reinventing Ancient Healing Wisdom**

Holistic physicians are listening to their patients, as well as their own hearts and spirits, and changing the practice and the science of medicine by the complementary inclusion of the art and science of energy medicine. Holistic practitioners are being educated in the protocol of integrating their ancient practice of healing arts into the current western model of medicine. Greenwich University granted the first Master and PhD degrees in energy medicine until closure in 2002. Many universities and medical schools in the US are offering courses in energy medicine and holistic health as part of their complementary and alternative medicine program.

We are in a renewed era of energy medicine. We are embracing a renewed belief in holism and spirituality as part of medicine thus re-embracing ancient healing wisdom. The future of Holistic/Energy Medicine is in the education of compassionate, humanistic practitioners (McCartney, 2002).

*If a man empties his purse into his head no one can take it away from him. An investment in education pays the best interest.*

~ Benjamin Franklin

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## What Graduates Do with the Intuition Medicine® Certificate

- Establish and direct healing centers
- Consult and facilitate workshops on wellness in the corporate world
- Produce television programs on health
- Raise funds in health-related charities
- Teach yoga, meditation or stress-relief courses
- Practice an integrative healing art
- Conduct wellness classes for seniors
- Establish and work in nonprofits
- Facilitate cancer support groups
- Practice as an holistic/energy medicine practitioner in hospitals/clinics
- Practice as a medical intuitive in hospitals/clinics
- Serve on relief teams utilizing PTSD healing tools and other holistic arts skills
- Conduct a private practice as a holistic health coach
- Conduct a private practice as an energy medicine practitioner
- Conduct a private practice as a medical intuitive
- Teach related courses at the university level
- Broaden and deepen their understanding of holistic medicine and of the human condition as a complement to their more conventional training
- Provide health education in a hospital or HMO wellness program
- Conduct research in the field of Holistic Health and Energy Medicine.
- Author books, write articles and papers in the field of Holistic Health and Energy Medicine
- Found publication houses which promote books in the field of Energy Medicine and Holistic Health.

### REVISIONS TO THE CATALOG

AIM reserves the right to make any changes in the curriculum, procedures, policies, location, schedule of courses, and tuition published in this edition of the Catalog.

All students, both those currently enrolled as well as those newly enrolled will be subject to the curriculum requirements of the new catalog. New laws and regulations are reflected in policies in annual catalog revisions.

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The curriculum overviews and course descriptions included in this catalog are based on the information available at the time the catalog is revised. The courses for each semester are influenced by curriculum requirements, faculty schedules, administrative needs, as well as, on-going improvements to AIM curriculum.

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